### **Student Athletic Trainers**

Student Athletic Trainers are Marcus High School students who help with first aid, injury prevention and management of athletic injuries. Student Athletic Trainers get to work with most of the Marcus sport teams in the athletic training room and on the sidelines of games where they are able to get hands-on, real-world application of learned skills like taping, wound care and treatment!

# \* Outside of class time game coverage is required for both Sports Medicine 1 and 2

### **Sports Medicine I**

### To sign up:

- 1. Request Sports Medicine 1 in Skyward
- 2. Complete Sports Medicine 1 Application
- link to the application
  is: <a href="https://sites.google.com/a/staff.lisd.net/mhs-athletic-participation-forms/phys/application-sports-medicine-i">https://sites.google.com/a/staff.lisd.net/mhs-athletic-participation-forms/phys/application-sports-medicine-i</a>

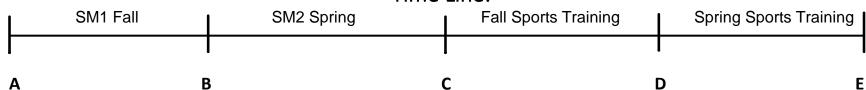
## **Sports Medicine 2**

- 1. You cannot sign up for sports medicine 2 during registration
- 2. You must select a different elective.
- 3. Staff athletic trainers determine who goes to Sports Medicine 2 and will have those students' schedules changed in November.



# Marcus Student Athletic Training

### Time Line:



#### First year

#### A - B

Take Sports Medicine 1 during the fall semester. During this class you will learn about different health care fields with an emphasis on the athletic training profession. You will also learn about anatomy, injuries, healing, and administration. As part of the class you are required to attend freshman football games to assist with hydration, to see if you enjoy what we do, and have a "tryout" for our student athletic trainer program.

#### B-C

Students who do well in Sports Medicine 1, attend their assigned football games and show interest in the athletic training program may be invited by the staff into Sports Medicine 2. This class is in the spring semester. When accepting an invitation to Sports Medicine 2, you are entering our student athletic trainer program. You will learn more aspects of Marcus student athletic trainer duties, skills, and additional advanced sports medicine topics as well as work (or cover) various winter and spring sporting events.

#### Second year through graduation

#### C - D

Fall – student trainers sign up for Sports Training. You will be in the football athletic period and assist with athletic trainer duties as well as cover games and practices during the fall semester.

#### D - E

Spring – student trainers sign up for Sports Training. During this semester you will be in an athletic period to assist with athletic trainer duties as well as be assigned a 2<sup>nd</sup> sport. Student trainers are responsible for covering all of their 2<sup>nd</sup> sport's games.